



TAYLOR N. SELLERS

Associate, West Des Moines

Email: taylor.sellers@mwhlawgroup.com

Phone: (515) 657-5694

 [LinkedIn](#)

PRACTICE GROUPS:

Business, Finance & Real Estate,
Employment

EDUCATION & TRAINING

Drake University Law School, J.D.

Drake University, B.A., Law, Politics, and
Society and B.A. JMC, Strategic Political
Communications

ADMISSIONS

Admitted to practice in all state courts in
Iowa

Admitted to practice in the Northern
District of Iowa

Admitted to practice in the Southern
District of Iowa

License Date: 04/21/2022

AWARDS/ACCOLADES

2021 CALI Award for Future Excellence,
Motions Practicum

BOARD MEMBERSHIPS

Member, Des Moines Urban Design Review
Board

Member, Des Moines Skywalk Committee

Member, Neighborhood Association

"I believe that practicality and innovation go hand-in-hand. A client is best served by a cohesive team that can see the bigger picture in each case."

Taylor N. Sellers is a client-focused attorney with a diverse practice history. She brings a modern, Midwestern approach to advocacy for her clients. She believes that punctuality is the basis for good relationships and the best work product. Taylor specializes in case analysis and hones in on the most important facts and evidence in each case to work efficiently toward a resolution for each client.

Taylor began her legal career as an intern working in federal civil and criminal prosecutions. After law school, she worked at a boutique law firm specializing in white collar criminal defense and complex civil litigation. She has successfully defended clients in trial and supported summary judgment motions. Her broad range of practice exposed her to unique cases and innovative legal arguments.

In 2024, Taylor joined MWH's employment law division. Drawing from her unique practice history, Taylor handles complex employment and OSHA-related matters and welcomes a challenge. She also views each case as an opportunity to help clients better understand employment law best practices in the workplace.

Drawing from her experience with motions, mediation, and trial in complex cases, Taylor understands that finding a successful path to case resolution takes skill and collaboration. Taylor is a team player who loves taking initiative and is always looking for opportunities to learn and grow.

INTERESTS OUTSIDE OF LAW:

Spending time with family, playing pickleball, and playing catch with her two dogs.

THOUGHT LEADERSHIP:

Navigating Workplace Harassment: 2024 EEOC Guidelines Explained

May 23, 2024 – MWH Law Group

**Protecting Your Business from the Cat's Paw Theory in Employment
Litigation**

December 16, 2024 – MWH Law Group

Employee Monitoring Laws: What Every Employer Should Know

April 16, 2025 – MWH Law Group

The State of Immigration Law in 2025: What Employers Need to Know

October 15, 2025 – MWH Law Group